Shannon Huffman Polson Bio

Short bio

Shannon Huffman Polson is the author of [*The Grit Factor: Courage, Resilience and Leadership in the Most Male Dominated Organization in the World*](https://amzn.to/2TPMm64), and the founder of [The Grit Institute](http://www.thegritinstitute.com), a leadership institute committed to whole leader development and a focus on grit and resilience.

Polson is one of the first women to fly the Apache helicopter in the U.S. Army and a veteran of the corporate world in the medical device and technology industries.